

[Nemours KidsHealth](#): the Web's most visited site about children's health

[Scarleteen](#): A database of articles that covers everything from biological facts to emotional readiness and relationships.

[Amaze](#): Short animated videos to explain puberty, consent, STIs, and healthy relationships in a way that is "more approachable."

[Sex, Etc.](#): A site written by teens, for teens, with oversight from health experts., where you can see what other people your age are asking.

[Planned Parenthood for Teens](#): Evidence-based information on birth control, STIs, and pregnancy. Features "Roo", a confidential chatbot/text-line for quick, private questions.

[The Trevor Project](#): Focused on crisis intervention with resource guides on coming out, understanding gender identity, and navigating LGBTQ+ relationships & mental health.

[Love is Respect](#): A resource for understanding the difference between healthy, unhealthy, and abusive relationships with a 24/7 text/chat service.

[Imi](#): A digital tool designed for LGBTQ+ youth to explore their identity and support their mental health in a safe way.

[Bedsider](#): Is a "birth control support network" that compares every method available, helps you find a clinic, and even sends reminders to take your pill.

[I Wanna Know](#): Focuses on sexual health facts, STI prevention, and how to talk to partners or healthcare providers.

[Guerrilla Sex Ed](#): Emphasizes topics often left out of standard classes, such as consent, identity, and body neutrality. It is accessible to people of all backgrounds and identities.

[TeensHealth](#) (part of the Nemours Foundation): Medically reviewed articles that explain "how things work" in plain language. Their Sex Health Q&A section can help find answers to common questions .

[Organization for Autism Research \(OAR\)](#): Provides specialized resources for neurodivergent individuals.

[Sexual and Reproductive Health Rights of Young People With Disabilities](#): AMAZE Org video.

[Tea and Consent \(british VO version\)](#): Blue Seat Studios video.

[Birth Control: The Final Frontier](#): AMAZE Org video.